

Plumpton Braves Baseball Club Winter Development

Plumpton Braves Baseball Club will be running a junior development programme designed to improve individual skills.

Defence – We will take into account participants preferred playing positions and endeavour to provide additional skill bases to suit.

Offence – We will endeavour to help with swing correction, while ensuring each individual still maintains their natural movements.

Pitching/ Catching – We will help with pitchers and catchers techniques and mechanics to ensure participants are receiving a good base to work from.

General – We will work to improve participant's general baseball knowledge throughout the programme, hopefully enhancing their enjoyment.

This is aimed at players aged 10-16, other ages may be considered.

Programme Timetable:

- Friday Nights 6.00pm – 8.00pm at Alroy Park, Plumpton
- 12 weeks, starting April 27th and finishing August 3rd
- No Training over School and Public holidays

Costs:

- \$80 for members
- \$100 for non-members, this cost includes training hat and shirt
- All participants will receive a food voucher for each training night

Sign Up

Please register your interest at the Plumpton Braves Canteen during game days, or email plumptonbraves@hotmail.com